



30 YEARS

Children Action
Activity report
2024



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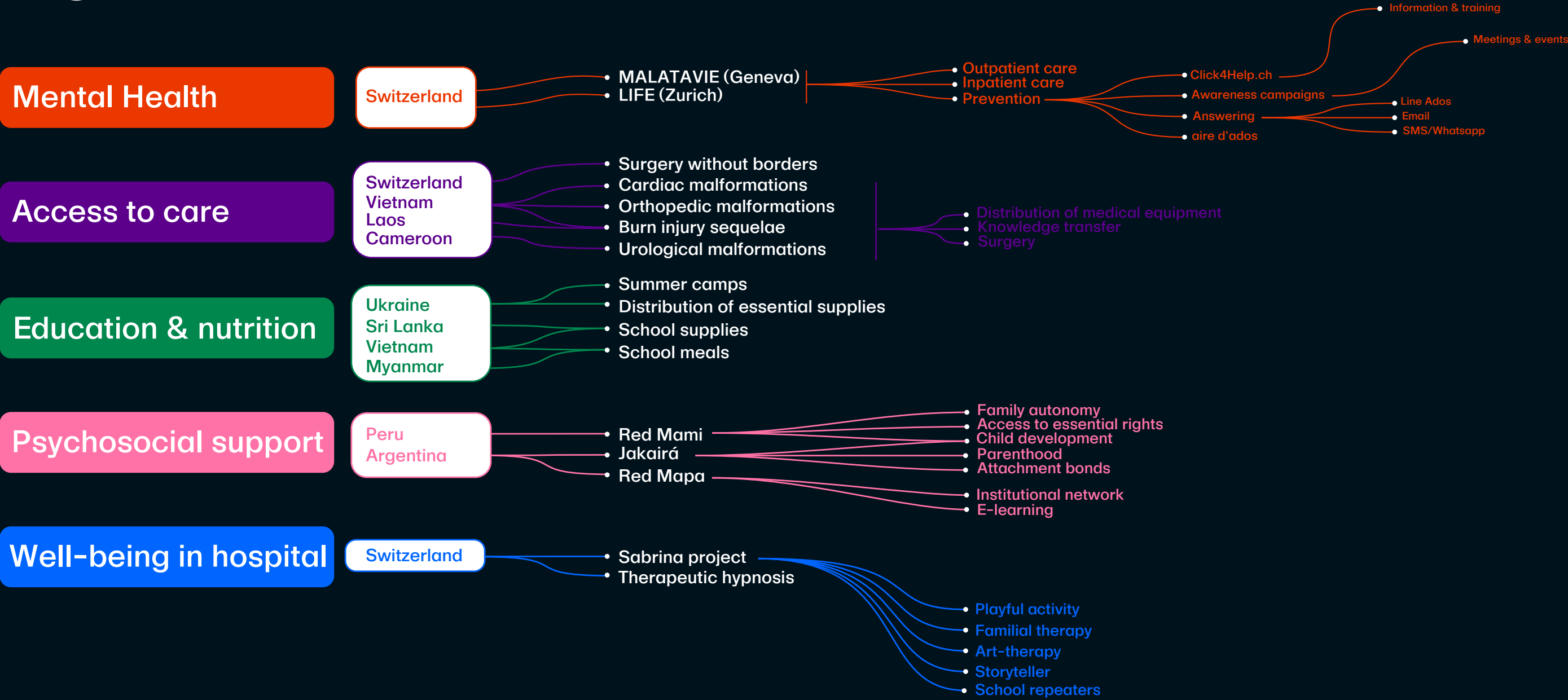
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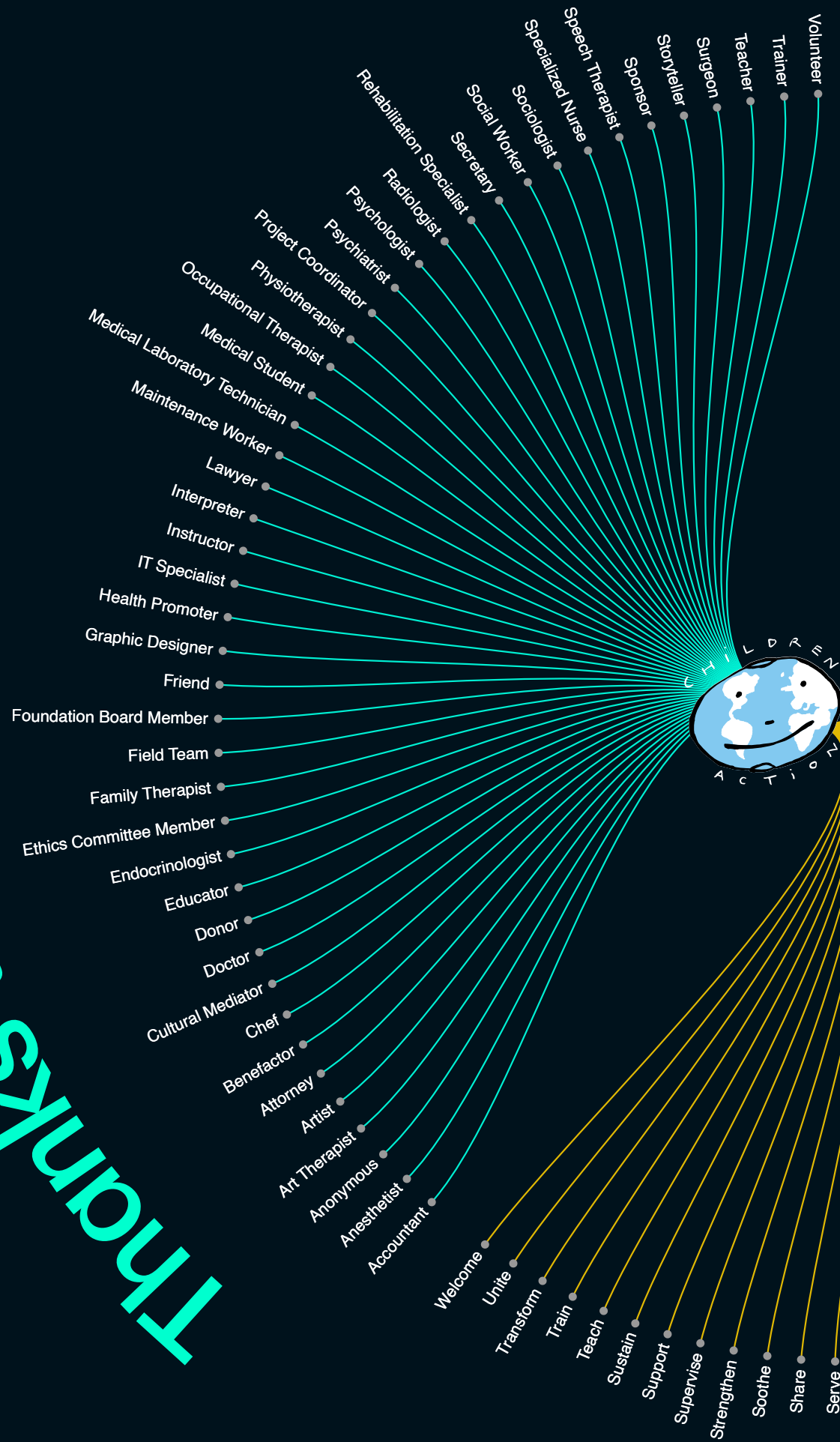
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The world of Children Action in 2024

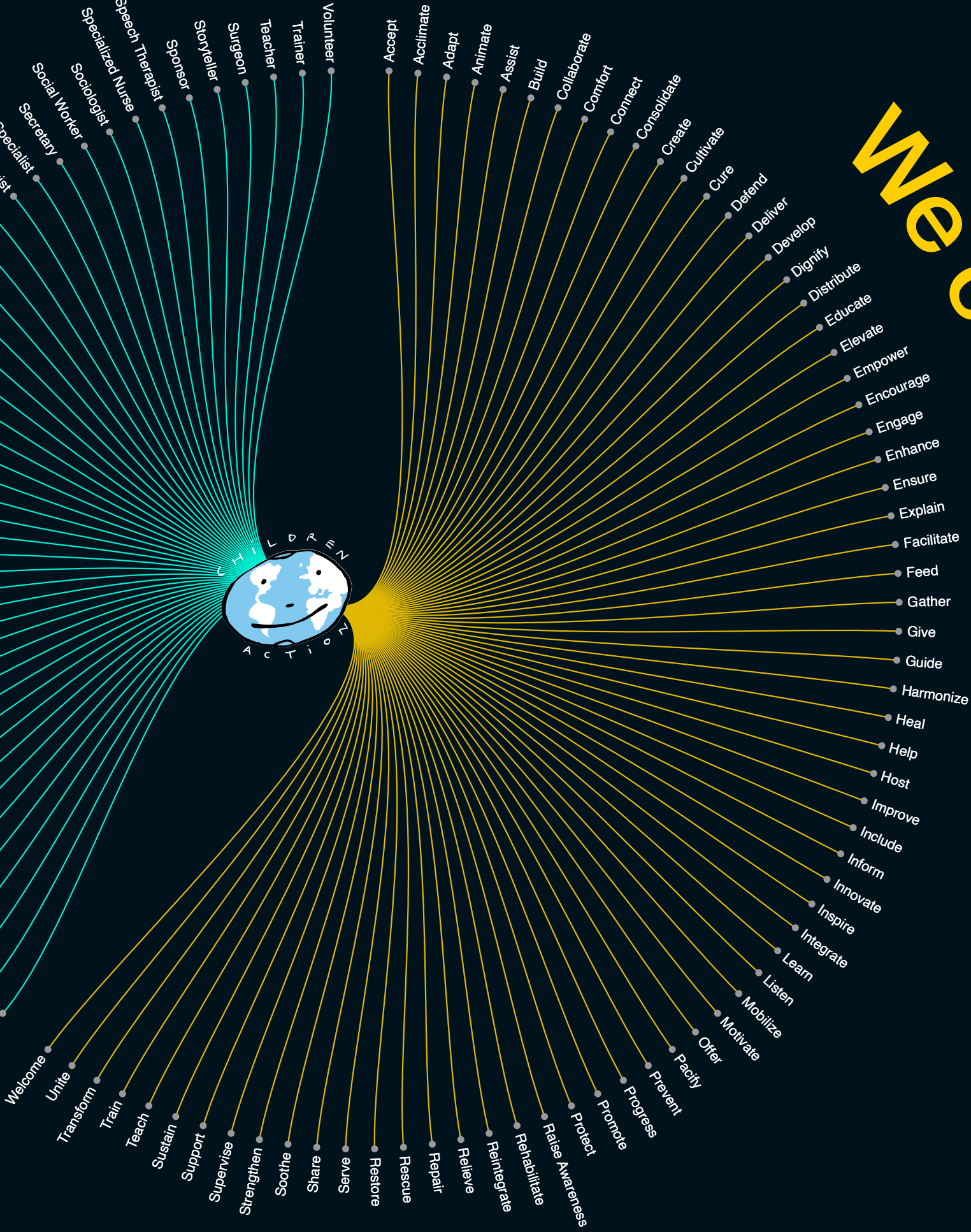


21,183 beneficiaries in 2024

Thanks to you...



We can...



Editorial



1994 – 2024 30 years of commitment

In March 1994, Children Action was born with a clear and ambitious mission: to bring real change to the lives of vulnerable children and adolescents, in Switzerland and beyond.

Thirty years later, this mission remains just as strong.

Children Action means access to essential medical care, mental health support facilities, educational and nutritional programs, and child protection initiatives. Since its inception, the Foundation has aimed to ensure a lasting impact by implementing concrete and effective projects to support the most vulnerable.

Our commitment is based on a demand for rigor, quality, and ethics, guaranteed by the expertise of the best professionals in their respective fields. Thanks to this approach, over the past three decades, we have:

- Performed more than 15,816 surgical operations;
- Supported 25,040 young people in their fight against distress and depression;
- Cared for 32,547 young mothers and babies;
- Assisted 124,674 children through educational and nutrition programs.

And many more initiatives, directly impacting over 236,449 beneficiaries.

Behind these numbers are faces, names, women and men, encounters... there are stories, shared hopes, transformed lives, and dreams that once seemed impossible.

Children Action is about children from all walks of life: from Swiss and French cities and villages, from the provinces of Vietnam or Myanmar, from the slums of Lima, the impoverished neighborhoods of Buenos Aires or Laos, from refugee camps or conflict zones around the world.

Each of them embodies the meaning of our commitment.

This anniversary year is, above all, an opportunity to pay tribute to those who have made Children Action what it is today:

- you, our board of trustees;
- you, our Ethics committee;
- you, our management and staff;
- you, our teams on the ground;
- you, the professors, doctors, and healthcare personnel;
- you, our volunteers;
- you, our partners;
- you, our donors.

Thank you for being here. Thank you for your trust.

Together, we have come a long way. Behind every victory, big or small, there is one of you. Behind every child's smile, every life changed, there is one of you.

Thirty years is a lot. But there is still so much to do.

More than ever, let's stand together and build a better world for today's and tomorrow's children.

Together, let's be Children Action!

Bernard Sabrier
President & Founder

The Foundation

The first human right
is to have a childhood.

Approach

Through the initiation, implementation, and management of its programs, the Foundation strives to sustainably transform the daily lives of the most vulnerable populations.

Its commitment is based on close collaboration between its teams and dedicated partners, ensuring the rigorous implementation and monitoring of high-impact projects.

In this approach, Children Action applies strict criteria of ethics, feasibility, quality, and efficiency.

It also plays a key role as an incubator and catalyst for projects, aiming to accelerate the deployment of transformative initiatives, the replication of successful models, and the conversion of innovative ideas into concrete actions.

Create a lasting and positive impact in the lives of beneficiaries through transformative projects.



Children Action focuses its intervention particularly in five areas, providing targeted and measurable support to meet the beneficiaries' needs.

Mental health

Access to care

Education and nutrition

Psychosocial support

Well-being in hospital

Teams

At the heart of Children Action, the commitment of professionals and specialists from diverse backgrounds is a fundamental strength in the implementation of our projects. This collective mobilization brings together a wealth of complementary skills, ensuring a rigorous, effective, and ethical approach in all our actions.

Doctors, psychologists, social workers, educators, and coordinators combine their expertise to meet the specific needs of beneficiaries. Thanks to this synergy, our interventions are tailored to real-world challenges and carried out with a strong focus on quality and lasting impact.

This collective commitment not only ensures the successful deployment of our programs but also fosters continuous innovation to develop sustainable and adapted solutions to the challenges faced by the children and young people supported by Children Action.

Dedicated teams serving beneficiaries: in 2024, 251 people contributed to the Foundation's projects.



7

members of the Board of Trustees

Experts in their respective fields, they guide strategic decisions, manage risks, and define the funding policy, thereby ensuring the sustainability and strength of the Foundation's commitments.

5

members of the Ethics Committee

Essential advisors, they ensure that the actions undertaken adhere to ethical principles and remain aligned with the mission and core values of Children Action.

4

people at the headquarters

They oversee the operational management of projects, coordinate fundraising efforts, supervise communication, and maintain relationships with partners and stakeholders to maximize the impact of deployed initiatives.

45

medical volunteers

Doctors, surgeons, anesthetists, nurses, physiotherapists, and other specialists dedicate their expertise and commitment to surgical missions.

150

paid professionals

Recognized in their fields, they work daily in the field to successfully implement projects.

40

volunteers

From diverse backgrounds, volunteers provide valuable support through their skills and dedication, actively contributing to the success of Children Action's projects.

Leverage effect

Every project initiated by Children Action is built on a participatory framework that encourages the active engagement of all stakeholders. Designed as a catalyst for action, this model aims to mobilize the human, financial, and material resources essential for the deployment and optimization of each project.

Thanks to a strong network of partnerships, the dynamic involvement of professional volunteers, generous material donations, pro bono services from committed benefactors, and rigorous cost management, this approach creates a multiplier effect.

As a result, the actual value of projects funded by the Foundation is, on average, three times greater than the costs incurred, highlighting the reach and effectiveness of this collaborative synergy.

A collaborative model where each donation generates three times the value.

In 2024, partnerships established with the Geneva University Hospitals, the Zurich University Psychiatric Hospital, the Thomas and Doris Ammann Foundation, various hospitals in Vietnam, the Gynecological Obstetrics and Pediatric Hospital of Yaoundé in Cameroon, the Lao Friends Hospital for Children in Laos, the Kaléidos Foundation in Argentina, the Taller de los Niños Association in Peru, Good Brothers in Ukraine, La Maison Terre des Hommes Valais, Aviation Sans Frontières, the health committees of Vietnam's provinces, and the Foundation of Goodness in Sri Lanka, combined with the commitment of families, collaboration with various organizations, and the mobilization of medical volunteers and general volunteers, have enabled the impact of donor allocated funds to be tripled.



Funds allocation



Thanks to the Founder and his family Foundation, which cover all headquarters salaries and administrative costs, **100%** of donations are directly allocated to field projects, with no operating costs for donors.



30 years of commitment

2024 marked a key milestone for Children Action, celebrating three decades of impact.

Since its creation in 1994, the Foundation has demonstrated its ability to transform the lives of the most vulnerable children through targeted interventions in essential areas: access to healthcare, education, nutrition, youth mental health, psychosocial support, and hospital well-being.

Over 30 years, thanks to a public-private partnership model and close collaboration with local stakeholders, more than 236,449 beneficiaries across ten countries have seen their lives transformed. With an investment of CHF 61 million, optimized by an ecosystem of partnerships, volunteers, and in-kind donations, the total value of field projects has reached CHF 183 million.

In the next decade, Children Action will continue its commitment with the same determination. Our projects will remain aligned with our priority areas within the framework of sustainable development programs, aiming for long-term solutions. We will also stay agile and responsive to intervene in emergencies, as we have done during the tsunami in Sri Lanka, conflicts in Kosovo and Ukraine, famine in Kenya, and the earthquake in Afghanistan.

Building on 30 years of experience, the Foundation will remain true to its core values of rigor, ethics, transparency, sustainability, and feasibility, continuing to drive positive change. Our mission remains unchanged: to ensure that as many children as possible have access to the care, support, and rights they need to thrive.

An exceptional gala for a lasting impact

Held on November 25, 2024, in a spirit of solidarity and collective action, the gala evening celebrating the Foundation's 30th anniversary successfully raised funds fully dedicated to field projects and future initiatives, ensuring the continuity of current actions and the development of new programs.

This event would not have been such a success without the invaluable contributions of:

- talented artists, whose performances left a lasting impression;
- our partners, sponsors, and donors, whose support was essential to making this evening a success;
- the 192 individuals who came together to make this event unforgettable: security agents, artists, assistants, volunteers, cameramen, auctioneers, drivers, chefs, caterers, hairdressers, coordinators, decorators, florists, graphic designers, sound, lighting, and projection engineers, maître d's, makeup artists, carpenters, assemblers, musicians, directors, stage managers, upholsterers, waiters, dishwashers, technicians

A heartfelt thank you to all who made this gala an extraordinary moment of generosity and impact!

Projects

Mental health

Geneva

MALATAVIE
aire d'ados

Partnership with:

- Geneva University Hospitals (HUG)

Switzerland

Click4help

Partnerships with:

- Zurich University Psychiatric Hospitals (PUK)
- Bern University of Applied Sciences (BF)
- Zurich University of Applied Sciences (ZHAW)

Zurich

LIFE

Partnerships with:

- Zurich University Psychiatric Hospitals (PUK)
- Thomas & Doris Ammann Foundation

25,040 beneficiaries since 1996

Youth suicide is a major public health issue. Providing an appropriate response at the first signs of distress is essential to prevent suicide attempts and support individuals under 25 in crisis situations.

MALATAVIE in Geneva and LIFE in Zurich embody this approach by offering coordinated and specialized intervention for young people at risk of suicide.

These programs, born from public-private partnerships between Children Action and, respectively, the Geneva University Hospitals (HUG) and the Zurich University Psychiatric Hospitals (PUK), ensure comprehensive care that combines responsiveness, personalized follow-up, and long-term support.



Concrete solutions for young people in distress: prevention, care, and support.

For nearly 30 years, MALATAVIE has been committed to youth suicide prevention. Through a multidisciplinary team, the unit provides a holistic approach that combines care, support, prevention, and active listening to offer an adapted response to adolescents in distress and their families.

The unit is structured around three key components: prevention, outpatient care, and inpatient care.

MALATAVIE Prevention targets young people at risk of suicide up to age 25, as well as their families and the professionals supporting them.

In 2024, the Ligne Ados (022 372 42 42) received 1,219 calls from 748 callers, 90.1% of which were directly related to suicide risk, requiring 267 hours of listening and follow-up by the unit's nurses and psychologists. Most calls concerned 13- to 18-year-olds, with 9% involving children aged 12 or younger.

The team also responded to 381 clinical emails, including 268 sent to the MALATAVIE Prevention email and 113 received via Ciao.ch, strengthening accessibility and remote support.

MALATAVIE Care provides comprehensive support for 13- to 18-year-olds, including child and adolescent psychiatric assessments, individual and group crisis therapy, family support, and consideration of social and professional needs.

In 2024, the outpatient care team responded to 396 requests for follow-up, including 124 youth in intensive care programs, totaling 1,781 consultations.

Inpatient care provided hospitalization for 134 young people.

2024 marks a key milestone for MALATAVIE, as it completes its first year of operation within the Maison de l'Enfance et de l'Adolescence (MEA).

This new facility, the result of an inspiring partnership between HUG, the Children Action Foundation, and the Hans Wilsdorf Foundation, is much more than a healthcare center: it integrates culture, arts, and sciences to enhance the well-being of young people. This environment facilitates smoother care pathways, improves accessibility, and fosters dialogue, while opening new opportunities and synergies by forging strong connections with the broader community.

In 2024, MALATAVIE also strengthened its scientific reach by participating in several research projects and contributing to studies on suicide risk and protective factors in young people.

The program took part in numerous events, including conferences and panel discussions on adolescent mental health, further cementing its role as a key player in suicide prevention in Switzerland.

A collaborative meeting between MALATAVIE and LIFE in Zurich laid the foundation for a promising partnership, paving the way for regular exchanges, clinical discussions, and joint projects between the two programs—both of which are public-private partnerships supported by Children Action.

Thanks to the commitment of its team, strong institutional backing, and dynamic collaborations, MALATAVIE continues to evolve to provide young people with the best possible care and support.

[Malatavie.ch](https://malatavie.ch)

MALATAVIE Prevention

769 appointments at Malatavie

1,219 calls on the Ligne Ados

748 callers

90,1% of calls relate to suicide risk

Ligne Ados



267 hours of listening and follow-up



7/24



381 emails responded to for clinical inquiries

MALATAVIE Care

4,134 appointments at Malatavie

396 requests for intensive outpatient care

134 patients in hospital care

15.6 years old: average age of patients

13% boys - **87%** girls

Because together, we can better support young people in difficulty.

aire d'ados initiated by MALATAVIE and Children Action, is a health-social coordination program in Geneva dedicated to suicide prevention among young people aged 13 to 25.

By fostering multiple partnerships and collaborations between health and social professionals, aire d'ados creates a true safety net for young people in distress.

With 39 members and 52 partner institutions, the program provides a space for dialogue, analysis, referral, and support, facilitating the coordination of interventions among professionals and the development of awareness initiatives for young people.

In 2024, aire d'ados celebrated its tenth anniversary. To mark the occasion, the collective launched the podcast series “Aidons-nous à aider” (“Helping Ourselves to Help”), a project aimed at raising awareness of suicide risk factors while emphasizing available support solutions. Each episode introduces a support facility, highlights a specific intervention program, and features testimonials from aire d'ados members.

[aire d'ados](#)

[Watch the 10-year anniversary](#)



A platform enabling young people aged 12 to 25, their families, and professionals to quickly find the information and support they need in just a few clicks.

In Switzerland, numerous organizations provide a wide range of support and resources.

To help young people aged 12 to 25, their families, and professionals quickly find the information or assistance they need among hundreds of available services, Children Action launched the Click4Help.ch platform in 2016, initially dedicated to the canton of Geneva.

In 2024, Click4Help underwent a complete redesign, featuring a new trilingual interface and an expanded reach across multiple cantons: Aargau, Bern, St. Gallen, Schaffhausen, Schwyz, Thurgau, Zug, and Zurich. This expansion is supported by the Zurich University Psychiatric Hospitals, the Bern University of Applied Sciences, and the Zurich University of Applied Sciences.

The goal is to extend the platform nationwide by the end of 2025.

click4help.ch



A multidisciplinary approach to support adolescents in distress.

Launched in October 2022, the LIFE program is a partnership between the Zurich University Psychiatric Hospitals (PUK) and the Children Action Foundation, designed to provide preventive and intensive care for adolescents in suicidal crisis.

Inspired by the MALATAVIE model in Geneva, LIFE offers hospital-based support, day clinic treatment, and intensive outpatient care to prevent prolonged hospitalizations and facilitate young people's reintegration into their family and school environments.

Since 2024, the program has received generous five-year support from the Thomas and Doris Ammann Foundation, as part of a tripartite agreement with PUK and Children Action. This partnership will strengthen the intensive outpatient unit and expand prevention initiatives. Thanks to this invaluable support, new initiatives for young people and their families are currently under development.

howislife.ch



85% girls
15% boys

115 patients
(average age: 15.8 years)

An average follow-up period of 91 days

Access to care

Cameroon

Urological malformations

- Partnership with:
- the Yaoundé Gyneco-Obstetric and Pediatric Hospital

Laos

Burn injury sequelae

- Partnership with:
- the Lao Friends Hospital for Children (LFHC)

Switzerland

Surgery without borders

- Partnerships with:
- the Geneva University Hospitals (HUG(HUG))
 - la Maison - Terre des Hommes Valais
 - Aviation sans frontières

Vietnam

Orthopedic malformations
Burn injury sequelae
Cardiac malformations

- Partnerships with:
- Can Tho Children's Hospital
 - Children's Hospital No. 2, Ho Chi Minh City
 - Tam Duc Heart Hospital
 - Saint Paul Hospital, Hanoi
 - Nghé An Maternity and Pediatric Hospital
 - Thanh Hóa Pediatric Hospital

15,816 beneficiaries since 1996

Access to healthcare is a fundamental right, yet it remains fragile in certain regions.

Financial barriers, a lack of trained professionals, inadequate infrastructure, shortages of equipment and medication, and logistical challenges can all hinder access to quality pediatric surgical care, with lasting consequences on children's well-being and development.

Thanks to capacity-building initiatives and strategic partnerships, more and more children today have access to appropriate medical and surgical care.

The development of training programs for healthcare professionals, the establishment of modern infrastructure, and the improvement of medical equipment all contribute to reducing inequalities in access to care.

With a coordinated approach and sustainable investments, we can ensure that children receive the essential medical care they need for a healthier future.



To facilitate access to pediatric care and strengthen local medical expertise in order to ensure a lasting and sustainable impact.

Since 1996, Children Action has been committed to ensuring children have access to high-quality surgical care by implementing dedicated programs for ages 0 to 18.

By prioritizing treatment within the children's home countries, the foundation promotes the autonomy of local healthcare structures, sustainably improves access to pediatric care, and contributes to strengthening medical expertise within the supported communities.

The programs aim to achieve several key objectives:

- Providing quality care to significantly and sustainably improve the lives of the children treated;
- Ensuring rigorous follow-up of treated children to guarantee the effectiveness of interventions and their long-term impact;
- Sharing and transferring knowledge to local medical teams, strengthening their autonomy and contributing to a lasting and improved pediatric care system.

In 2024, 13 missions were carried out: 9 in Vietnam, 2 in Cameroon, and 2 in Laos, bringing together 34 high-level European medical specialists. One child received care in Geneva.

A total of 361 children received surgical treatment.



13 missions

34 European medical specialists

9 missions
in Vietnam

2 missions
in Laos

2 missions
in Cameroon



57 burn injury treatments



187 orthopedic malformation surgeries



26 urological malformation surgeries



90 cardiac malformation surgeries

Urological malformations

Cameroon

A lasting commitment to the care of pediatric urological disorders in Cameroon.

Since 2009, Children Action has been working closely with the Yaoundé Gynecological, Obstetric, and Pediatric Hospital (HGOPY) to support local medical teams in the care of children suffering from severe urological disorders.

These conditions can severely affect the functioning of the urinary system and kidneys, leading to major health complications as well as significant social impacts for the affected children.

Thanks to this cooperaton, many young patients have benefited from tailored interventions, improving their quality of life and reducing long-term risks.

In 2024, 26 children underwent surgery, with a continued commitment to strengthening access to specialized care and supporting the development of local medical expertise.



Burn injury sequelae

Laos

A new partnership to support pediatric surgery in Laos.

In 2023, Children Action initiated a collaboration with the teams of the Lao Friends Hospital for Children (LFHC) in Luang Prabang. This facility, supported by the association Friends Without A Border (FWAB), is the only pediatric hospital in northern Laos providing free healthcare, thus meeting a critical need for children from underprivileged families.

As part of this partnership, an exchange of operational and technical expertise has been established to strengthen local capacities and improve the surgical care of young patients.

In 2024, two missions were organized, focusing on the treatment of burn injuries. A total of 21 children received surgical interventions, marking an important first step toward sustainably improving access to surgical care in the region.



Surgery without borders

Switzerland

Access to care for children who cannot be treated in their home country.

In collaboration with the Geneva University Hospitals, Children Action provides surgical interventions and medical treatments for children whose health conditions require specialized care unavailable in their home countries.

In 2024, a young patient from the Central African Republic was able to continue his recovery in Switzerland after a critical surgery performed in 2023 and has since returned home fully healed.

This project is based on a valuable partnership with Maison Terre des Hommes Valais, which hosts the children and ensures their medical follow-up throughout their recovery, as well as with Aviation Sans Frontières, whose volunteers safely escort the children from their home countries to Switzerland and back.

Thanks to this collective effort, critically ill children gain access to the care they need to envision a healthier future.

In 2024, a child underwent a three-month recovery before returning to his home country.



Orthopedic malformations, burn sequelae, and cardiac malformations

Vietnam

Enhanced access to specialized care.

For nearly 28 years in Vietnam, Children Action has been conducting missions dedicated to complex orthopedic malformations, burn sequelae, and reconstructive surgery.

Thanks to these continuous efforts, the skills of local medical teams have significantly improved, particularly in hospitals in Hanoi and Ho Chi Minh City, where only the most severe cases still require our support.

Today, the focus is on knowledge transfer and capacity building in hospitals near more remote regions, allowing children in these areas to receive specialized care without having to travel long distances.

Through this targeted approach and strengthened collaboration with local teams, Children Action continues to enhance access to specialized care for Vietnamese children by combining medical expertise and knowledge sharing.

Essential support for pediatric cardiac care.

Vietnamese medical teams provide high-quality care for pediatric heart malformations. However, many children suffering from cardiovascular conditions requiring surgical intervention remain untreated due to the high cost of operations, often unaffordable for their families.

To address this challenge, Children Action works closely with the surgical teams at Tam Duc Clinic in Ho Chi Minh City. Together, they enable children from underprivileged backgrounds to access the life-saving surgeries they need.

In 2024, the Foundation collaborated with three hospitals in the northern and southern provinces of Vietnam, as well as one hospital in Hanoi and another in Ho Chi Minh City.

During the nine organized missions, **976 children were examined, 187 underwent surgery for orthopedic malformations, and 36 received surgical treatment for burn sequelae.**

Children Action also funded **90 cardiac surgeries**, continuing its mission to ensure equitable access to healthcare for the most vulnerable children.



Education and nutrition

Myanmar

School meals

Sri Lanka

School supplies

- Partnership with:
- Foundation of Goodness

Ukraine

Essential goods
Summer camps

- Partnership with:
- Good Brothers

Vietnam

School meals and supplies

- Partnerships with:
- 13 Vietnamese provinces

Access to education is a key driver of individual and collective development, but it remains unequal in many parts of the world.

In emerging countries, financial, geographical, and social barriers continue to prevent millions of children from accessing quality education. The costs associated with school supplies, uniforms, or transportation can be a significant burden for some families. The distance from schools, the lack of adequate infrastructure, and the need for some children to contribute to the family income further exacerbate these inequalities.

Concrete initiatives, such as the provision of school meals, encourage families to enroll their children in school and help promote regular attendance. Likewise, providing school supplies to the most disadvantaged children plays an important role in reducing disparities, opening the door to a more promising futur.



124,674 beneficiaries since 2007

School meals

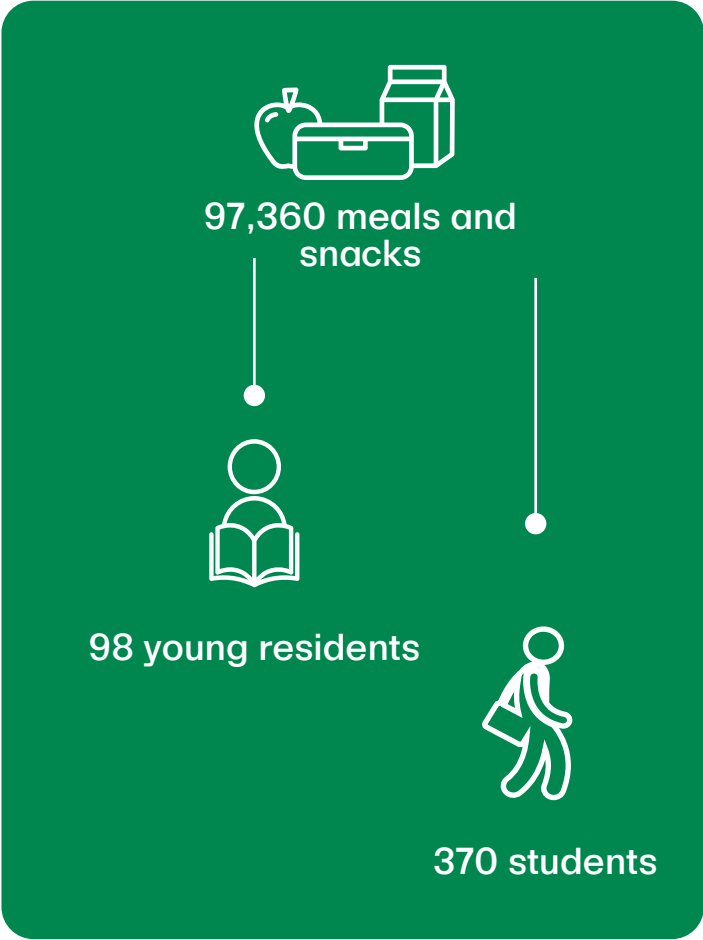
Myanmar

A nutrition program serving children and the community.

Since 2021, Children Action has been running a nutrition program at a monastic school located 30 kilometers from Yangon, with the aim of ensuring children have access to balanced meals.

In 2024, the program enabled the distribution of 97,360 meals, benefiting 98 young residents and 370 students from underprivileged families living in the surrounding area.

This initiative supports the growth and well-being of children, encourages regular school attendance by easing the financial burden on families, and strengthens community solidarity, contributing to the sustainable improvement of local living conditions.



School supplies

Sri Lanka

School kits to support the education of underprivileged children in Sri Lanka.

Since 2015, Children Action has been working alongside its local partner, the Foundation of Goodness, to provide the most vulnerable children in Sri Lanka with the means to continue their education in better conditions. Each year, nearly 500 school kits are funded, including everything needed for a full academic year: a bag, shoes, notebooks, and pencils.

By easing the financial burden on families, this initiative improves the daily lives of rural communities and promotes better access to education. It plays a vital role in reducing inequalities and opening new opportunities for the young beneficiaries, offering them the possibility of a brighter future.

In 2024, 548 students from 5 districts received a school pack containing a bag, two pencils, eight notebooks, and a pair of shoes.



Humanitarian aid for children and families living near conflict zones.

Since the outbreak of the war in Ukraine in February 2022, Children Action has remained committed to providing humanitarian aid to the most vulnerable populations.

In this ongoing and difficult context, the Foundation continues to act alongside its trusted partner, based between Poland and Ukraine, to respond to the urgent needs of children and their families.

Six humanitarian convoys have delivered food, hygiene products, and essential supplies to refugee families, orphanages, and rehabilitation centers located in the regions most severely affected by the conflict. In 2024, the delivery of essential goods continued, with a total of 18 tons of supplies distributed.

In 2024, the delivery of essential goods continued, with a total of 18 tons of supplies distributed.



A respite for children living near war zones.

In 2024, Children Action was approached by its partner in Ukraine, The Good Brothers, to support the organization of two 15-day summer camps, welcoming 40 and 42 children aged 8 to 16 in July and August, respectively.

Designed for young people living near conflict zones, these camps, held in Fastiv, Ukraine, aimed to provide a safe and caring environment combining recreational activities with psychological support. The children benefited from a wide range of activities, including:

- individual and group therapy workshops, art therapy, therapeutic games, and trauma-focused activities;
- physical and emotional wellness through football, volleyball, kayaking, trampolining, guided breathing, and hippotherapy;
- workshops on non-violent communication, debates on human values, teamwork exercises, and film discussions;
- creative expression through theater classes, excursions, English lessons, and video production.

82 children were able to enjoy 15 days of relaxation and escape, allowing them to reconnect with a safe environment and access tools to strengthen their resilience.



Meals and school supplies

Vietnam

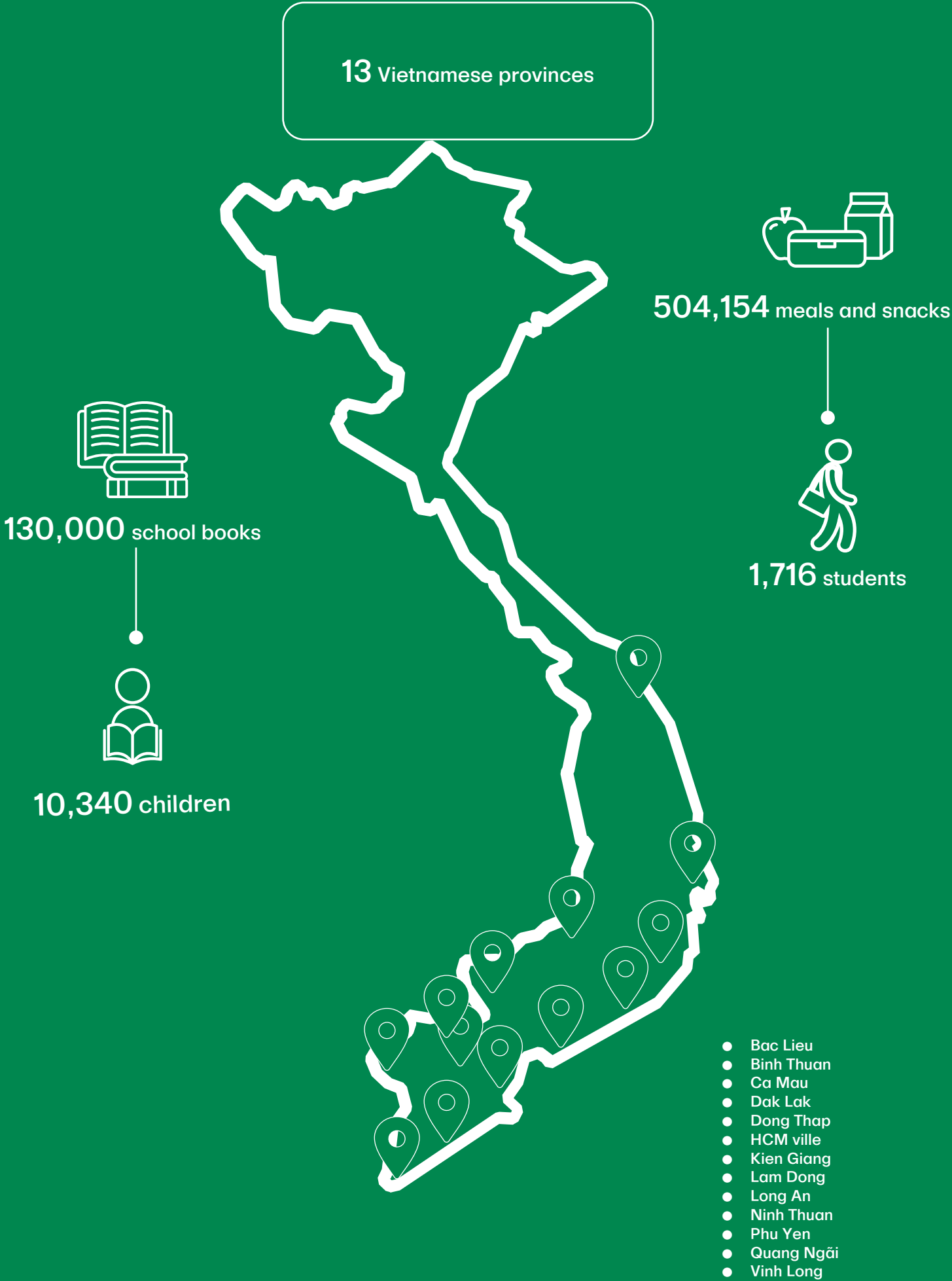
Education and nutrition: a vital duo for child development.

Since 2007, the Foundation has been running a notebook distribution program across several Vietnamese provinces to support the schooling of children from disadvantaged backgrounds.

In parallel, Children Action is actively involved in food support by funding school meals, thus ensuring children have access to balanced nutrition, essential for their health and academic success.

In 2024, these initiatives enabled the distribution of 130,000 notebooks to 10,340 children across 13 provinces, as well as the provision of 504,154 meals and snacks to 1,716 students.

These concrete actions help strengthen access to education and improve the daily lives of children.



Psychosocial support

Argentina

Jakairá
Red Mapa

Partnership with:
● the Argentinian Foundation Kaléidos

Peru

Red Mami

Partnership with:
● the Peruvian association Taller de Los Niños

32,547 beneficiaries since 2003

In Latin America, early motherhood remains a troubling reality, shaping the lives of thousands of young girls.

In Peru and Argentina, teenage mothers often find themselves caught between rigid social norms, limited access to education, and restricted economic prospects. While some benefit from family support networks, many face stigma and isolation that hinder their future. Poverty, combined with early parental responsibilities, limits their access to educational and professional opportunities and reinforces gender inequalities.

Understanding their reality, offering them alternatives, and breaking this cycle of vulnerability by investing in their empowerment not only improves their own future, but also that of their children.



Jakairá: Supporting, empowering, strengthening bonds between young parents and their babies.

The Jakairá program, led in collaboration between the Argentinian foundation Kaleidos and Children Action, has been supporting adolescent mothers and fathers and their children since 2003. Present in Buenos Aires and Traslasierra Córdoba, it tailors its interventions to both urban and rural contexts.

Jakairá aims to provide comprehensive support to young parents and their children, with the goal of strengthening family cohesion, fostering healthy child development, and promoting the autonomy of families. Through an interdisciplinary approach, Jakairá focuses on several key areas: educational support that encourages school reintegration to help young mothers resume or complete their studies, psychosocial and medical support, awareness of rights, and the strengthening of community ties.

The program also works to build a health-social support network by collaborating with municipalities, health centers, early childhood institutions, hospitals, schools, and various government agencies.

Jakairá also carries out awareness initiatives through campaigns on the prevention of early pregnancies and workshops on parenting, gender-based violence, and adolescents' rights.

In 2024, Jakairá supported 81 mothers, 8 fathers, and 66 children. The program reached 2,593 students and teachers through its awareness efforts.

Fundacionkaleidos.org/Jakaira/

Red Mapa : A network to mobilize health and social actors in supporting adolescent mothers and their children.

Building on the experience of Jakairá, the Kaleidos and Children Action foundations decided in 2022 to expand their impact by creating Red MAPA.

Red MAPA brings together organizations from across Argentina that work with adolescents and/or early childhood and wish to develop a support program for young parents within their communities. These organizations receive training based on Jakairá's methodology, followed by technical support to help them transform this knowledge into concrete programs.

Since its launch, Red MAPA has worked with 12 of Argentina's 24 provinces. A total of 21 organizations and municipalities have taken part in the training, with 67 participants successfully completing the program. Thanks to this initiative, 10 projects have been launched, supporting 78 adolescent mothers and 66 children.

In addition, Red MAPA has created Global MAPA, a network for sharing expertise that brings together organizations from other South American and Caribbean countries already involved in supporting young parents. Currently, 9 organizations from 8 countries (Argentina, Chile, Colombia, Ecuador, Panama, Paraguay, Peru, and Uruguay) are part of this network.

As part of this initiative, 10 virtual sessions have been organized for knowledge-sharing and training.

redmapa.org

Jakairá



81 mothers



8 fathers



66 children supported

Global MAPA



Red MAPA

21 organizations involved across 12 provinces

10 projects implemented

78 mothers et 66 children supported

Red Mami: supporting, protecting, and empowering young mothers for a better future.

Launched in 2009 by Taller de Los Niños and Children Action, the Red Mami program aims to improve the quality of life of young mothers and their babies in San Juan de Lurigancho, Lima.

The project offers multidisciplinary support that includes physical and emotional health, education, access to rights, and the strengthening of support networks. It targets adolescent girls who are pregnant, in the postpartum period, or have experienced the loss of a baby.

The objective is to improve care by encouraging greater involvement from the mothers and by defining clear impact indicators.

Main focus areas of the program:

- identification of adolescent girls in vulnerable situations;
- access to fundamental rights (healthcare, legal protection, identity documents);
- medical follow-up and child development (vaccination, breastfeeding, early stimulation).
- strengthening of social networks (family, community, peer support among mothers);
- education and empowerment, with a focus on schooling and economic independence.

In 2024, 280 new young mothers aged 12 to 17 and 258 babies joined the program, bringing the total to **646 mothers supported throughout the year and 611 babies cared for.**

A total of 7,071 interventions were carried out, including 4,076 home visits, 1,992 follow-ups via phone calls or WhatsApp messages, and 386 consultations at the Taller de Los Niños center.



Well-being in hospital

Geneva

Sabrina project
Therapeutic hypnosis

2,850 beneficiaries since 2016

Programs to ease the daily life of hospitalized children and their families.

A child's hospitalization is a challenging experience, often filled with uncertainty and anxiety for both the child and their family. At the pediatric department of the Geneva University Hospitals, Children Action offers programs designed to improve the quality of life of young patients and their loved ones.

These initiatives include art therapy sessions, storytelling interventions, family therapy, and playful visits led by medical students. These activities enhance the hospital experience by bringing comfort, creativity, and emotional support to children and their families.



When care is combined with presence, creativity, and playful moments

In 2024, the Pediatric Onco-Hematology Unit of the Geneva University Hospitals (HUG) continues to benefit from the support of the Sabrina Project, which offers a comprehensive range of services tailored to the specific needs of young patients.

- Medical students visit the unit for two hours a day, five days a week, to play with the children, entertain them, and lend a listening ear.
- An art therapist provides four hours of sessions each week, helping children express their emotions through art.
- A storyteller visits once a month, transporting children into imaginary worlds with captivating stories, offering them a moment of escape.
- A home tutoring service facilitates the return to school after long hospital stays.
- Two physician-therapists provide a dedicated family therapy program.
- Children Action also provides financial support to the Ronald McDonald House, allowing families to stay close to their children during treatment.

By combining emotional support, creative activities, educational assistance, and family proximity, this program contributes to the overall well-being of sick children and their families.

Twelve medical students carried out **249 interventions**, totaling 498 hours, to entertain and support 152 children.

In parallel, an art therapist conducted **47 sessions**, amounting to 188 hours, enabling **64 children** to express their emotions through art.

Additionally, **12 sessions** were delivered by a storyteller, totaling 37 hours, and reaching **102 patients**.

Children Action also supported **733 overnight stays at the Ronald McDonald House for 13 families** with hospitalized children, allowing them to remain close during treatment.

Hypnosis for young patients: an innovative approach to ease pain and anxiety.

Between 2018 and 2022, a hospital hypnosis training program was implemented within the Department of Child and Adolescent Health at the Geneva University Hospitals (HUG), with financial support from Children Action. This program enabled the training of 75 health-care professionals in this technique, improving the management of pain, stress, and anxiety related to illness or medical procedures. Its impact on young patients in pediatric services has been significant, and hypnosis is now firmly integrated into care practices.

To continue this momentum and respond to growing demand, the Foundation has been financing 30% of a physician's position, specialized in hypnosis, since May 1st, thanks to the contribution of one of its donors. This support strengthens the current offering and allows for the further development of this therapeutic approach in the care of sick children.

From May 1st to December 31st, 2024, a total of **222 therapeutic hypnosis sessions** were conducted, benefiting **57 children**, primarily outpatients. This approach provided young patients with practical tools to better manage their experiences and enhance their well-being throughout their care journey.



Together

Together, we've come a long way.

Behind every victory,
big or small,
there is one of you.

Behind every child's smile,
every life changed,
there is one of you.

Thirty years is a lot.
But there is still so much to do.

Together,
now more than ever,
let's stand united,
and build a better world
for the children of today and tomorrow.

Together, let's keep going!
Together, let's be Children Action!



Thank you for being here.
Thank you for your trust.
Thank you for your commitment.
Thank you for your generosity.
Thank you for believing in our mission.
Thank you for making a difference.
Thank you for giving your time.
Thank you for your unwavering support.
Thank you for your kindness.
Thank you for bringing hope.
Thank you for taking action for children.
Thank you for your dedication.
Thank you for inspiring us every day.
Thank you for your solidarity.
Thank you for sharing our values.
Thank you for transforming lives.
Thank you for standing by our side for the past 30 years.
Thank you for being part of this meaningful journey.
Thank you for making it all possible.
Thank you—simply, thank you.





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